

Never block emergency vehicles! Pull over

Keep the Mass moving at a steady pace – don't stop for long periods (although waiting at some red lights can allow the rest to Mass to catch up if strung out)

Stay calm if someone starts yelling. We're having fun – they're not!

Blocking oncoming traffic doesn't help the Mass get anywhere but does antagonise drivers

Enjoy the space – talk, wave, wish others a happy Friday, make some noise!

Mass up! Fill in gaps

Critical safety tips

Ride safely, responsibly and respectfully

Cork side streets, but only when lights turn red mid-Mass, not before the Mass arrives! Smile, wave, thank people for waiting, hand out flyers

Give way to pedestrians if possible

Don't let cyclists fall behind the back line

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